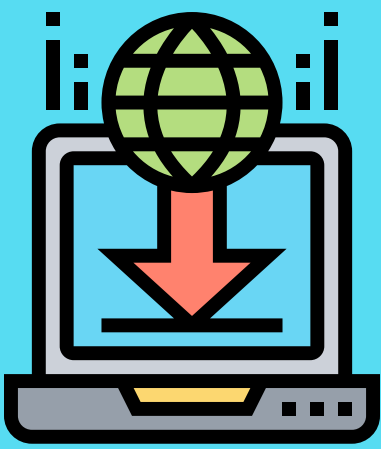


# The-How-to-Guide for Zoom Experiences

## SUGGESTIONS TO IMPROVE YOUR ZOOM CALL EXPERIENCE

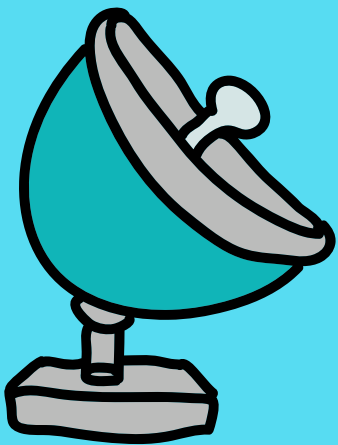
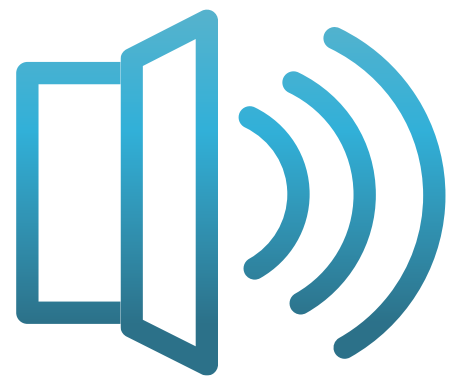


### 1.) SET UP A ZOOM ACCOUNT

If you do not have a Zoom account, download the Zoom program (<https://zoom.us>) and sign up for an account and have it working on your device well prior to the call. We recommend downloading the program as opposed to using Zoom through their website on your browser.

### 2.) SOUND CHECK

Before the meeting, please check and test that your microphone and speakers are working. Headphones and headsets are recommended for the inquiry sharing but not essential. For best sound quality, connect your computer or device to good quality external bluetooth speakers or wireless headphones.



### 3.) CONNECTION

We recommend you position yourself in a room where your internet connection is as strong as possible. **If you do get disconnected** during the session, just log back in using the same zoom link. We got you!

### 4.) JOIN

Please do not join on more than one device (like both your phone and your computer). Also, it is best that you don't use the same device for more than one person. This helps us with planning and structuring purposes.



### 5.) CALL ETIQUETTE

Set up a private space for the call, safe from interruptions. Please keep your microphone on **mute** unless you are actively speaking. Also, due to the private and vulnerable nature of our calls, it is ideal for your video to be on. We want to see your beautiful smile!



### 6.) QUESTIONS?

If you have any questions, please do not ask them verbally during the meeting, but rather send them in writing through the chat option. The moderator and facilitators will address your concerns on the call.

